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**Youth Enrichment Center**

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Touching Families....  
...Changing Lives

**2004-2005 Contracts**

- California Department of Education, Child Development Division
- California Department of Primary Care & Family Health, Office of Family Planning, Community Challenge Grant
- California Family Health Clinic
- Los Angeles County Probation Department
- Watts Labor Community Action Committee, Family Development Network (City of Los Angeles, Community Development Department)
- Los Angeles County Department of Health Services, Tobacco Control & Prevention
- California Department of Health Services
- St Johns Well Child and Family Child Clinic
- Youth Opportunities Unlimited

**2004-2005 Contributors**

- Alabama Club
- CHUMS, Inc.
- National Association of University Women

# Girls Club of Los Angeles

## Message from the Director

For almost **35 years**, **GCLA** has been helping youth in Los Angeles. By providing safe places with structured activities and fostering ongoing relationships with caring adults, we are able to promote positive, healthy lifestyles in youth and encourage responsible decision-making and the development of life skills that lead to self-sufficiency. 2004-2005 was yet another remarkable year for GCLA. This year alone, **GCLA** served over 6,000 children, youth and families as well as celebrates several accomplishment in early education, (*accreditation*) youth development (*gender specific program*) and community outreach, (*African 5 a Day Campaign*).



### What to Look For

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In December 2004, under our Early Education program, the Faith Children's Center earned accreditation from the National Association for the Education of Young Children (NAEYC). NAEYC is the nation's leading organization of early childhood professionals, with a national voluntary system that measures the quality of child development centers. We're proud and honored to be accredited by NAEYC because it provides families in our community with the assurance that

the children in our program are getting the best care and early learning experiences. It also acknowledges **GCLA** for its commitment to reaching the highest professional standards.

Our youth development program has experienced growth and success with the addition of the Gender Specific Program. This program is an intensive family-centered, community-based service, targets young ladies on probation and other at-risk youth between the ages of 12-18, along with their families. The services



(empowerment training, mentoring, academic enrichment and skill development) are intended to avert an ongoing escalation of criminal and delinquent behavior and to promote school success and healthy social development. In addition, through parent support workshops and mother/daughter activities **GCLA** seeks to effectively strengthen the family unit, while fostering positive parenting practices.

Under our Community Outreach Program, **GCLA** extended its reach to encompass even more children, youth and families through our **African American 5 a Day Campaign**. The Campaign is a public health initiative designed to improve the health of low-income African American community by empowering African American adult women, ages 18-54, and their families to consume fruits and vegetables and be physically active every day. **GCLA** has offered south Los Angeles many healthy eating and physical activities strategies for educating adults and youth through advocacy, research, faith-based educational programs, community festivals, media, retail, and public and private partnership.



We want to thank all of our contributors, volunteers and clients. Because it is through their support that we have been able to make such a great an impact in our community.

### GCLA Vision

**Committed to leading the world in quality service to children, youth, families, and communities.**

### GCLA Mission

**To Enrich the lives of children, youth, and families in a personalized high quality learning environment that contributes to self-sufficient, stable and productive lives.**

## GCLA Serves over 6,000 children and youth in 2004-2005!!

### Early Education Faith Children's Center *Over 200 children served!*

### *National Association for the Education of Young Children (NAEYC)*

In October 2004 the Faith Children's Center became accredited by NAEYC. We thank all of our families and staff who helped us with this process.

### *Resources & Referrals*

Throughout the year families have received a variety of additional resources and referrals including: Mother/Fathered parenting program, car seat classes, and Dental Screenings from USC. Several children also participated in a longitudinal study with UCLA for tracking students going to kindergarten

### Youth Development Project LEAD *Over 2,000 youth served!*

### *School Based* *(Fremont & Washington High Schools)*

Over 1000 students through the *Comprehensive Sexuality Education Component* which occurs during the 9th grade health class; *Service Learning club* which occurs after school and the annual *Teen Rally*. Unfortunately, the funding for this program ended in June 2006, however, in February 2006 the program returned to Washington High School.

### *Watts Labor Community Action Committee*

As part of the **WLCAC South East Family Development Network**, GCLA has provided over 100 youth this past year with homework assistance, life skills workshops and field trips. Youth re-

ceived workshops from Youth and Family Center and several students participated in Students Run LA

### *Gender Specific*

GCLA received funding from the Los Angeles County Probation Department to provide services to girls who are at risk and on probation. Services include empowerment workshops, mentoring activities, parent support workshops, and mother/daughter activities. The program began in March 2005.

### Community Development

*Over 4,000 children, youth, & families served*

### *Smoke-Free Peer Mentorship*

The past two years, GCLA has been working on a Smoke Free Beaches Campaign in Redondo Beach pier and beach. Although the policy was not achieved, a lot of groundwork was made for the new agency that will be working on the campaign. In 05-06 GCLA will be working on 100% smoke free parks in Los Angeles.

### *African American 5 a Day*

GCLA received funding from the California Department of Health Services to provide a comprehensive program that includes educating children, adolescents and adults about healthy & nutritious foods, the importance of physical activity, and the use of food assistance programs. This program began February 2005.

### *Pregnant and Parenting Teens Workshops*

GCLA received funding from St Johns Well Child and Family Clinic to provide child development workshops to pregnant and parenting teens. This program began September 2004.

### *Volunteer Programs*

The **Foster Grandparent, SER Jobs for Progress, Volunteer Center of Los Angeles** and GCLA have provided meaningful volunteer opportunities for low-income older persons. The **Youth Workers** are paid through the several agencies to work at GCLA including Youth Opportunities Unlimited, Archdiocese, WLCAC, LAUSD, and Nickerson Gardens.

The court refers youth & adults to complete **Community Service** at our sites if they are unable to pay the court fees. Youth also volunteer for there **Service Hours** required graduating from High School.

### *Events*

GCLA facilitated several major events this year. The Teen Rally at Fremont High School provided over 1000 students with teen pregnancy prevention information and other teen specific issues. Vendors were present from a vast array of organizations including health clinics, social services, educational institutions and employment services. In addition Jan Perry was able to visit and speak with the participants (see photo on page 1).

For Take Our Daughters and Sons to Work Day 20 youth were taken to the Compton Airport where they learned about the organization and were able to take airplane rides.



## Statement of Financial Position for the year ended June 30, 2005

### Assets

Cash	\$	45,635
Grants receivable	\$	207,770
Fixed assets (net accumulated depreciation of \$43,804)	\$	56,091

Total Assets	\$	309,496
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### Liabilities and Net Assets

Accounts payable	\$	39,583
Accrued salaries and benefits	\$	31,658
Grants payable	\$	25,987
State child development reserves	\$	25,868
Loan Payable	\$	119,441
	\$	242,537

### Net Assets

Temporarily restricted net assets		
Unrestricted net assets	\$	66,959

Total liabilities and net assets	\$	309,496
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## Statement of Activities for the year ended June 30, 2005

### Revenues & Support

	Unrestricted	Temporarily Restricted	Total
Government grants & contracts	\$ 879,641		\$ 879,641
Contributions	\$ 51,326	\$ 10,000	\$ 61,326
In-kind contribution	\$ 144,786		\$ 144,786
Tuition - parent fees	\$ 36,279		\$ 36,279
Fund raising	\$ 1,444		\$ 1,444
Interest and other Income	\$ 5,091		\$ 5,091
Net assets released from restriction	\$ 15,851	\$ (15,851)	\$ -
Total revenues and support	\$ 1,134,418	\$ (5,851)	\$ 1,128,567

### Expenses

Program services	\$ 1,124,885		\$ 1,124,885
Administration	\$ 33,475		\$ 33,475
Fund Raising	\$ 1,678		\$ 1,678
Total expenses	\$ 1,160,038	\$ -	\$ 1,160,038

(Decrease) increase in net assets	\$ (25,620)	\$ (5,851)	\$ (31,471)
Net assets, beginning of year	\$ 92,579	\$ 5,851	\$ 98,430
Net assets, end of year	\$ 66,959		\$ 66,959